

ANNEX N: SAFETY ABSOLUTES



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SAFETY ABSOLUTES = ZERO TOLERANCE

All staff and workers of MCA-Nepal, its consultants, Contractors, sub-Contractors and guests must abide by these safety absolutes on all project work sites and when engaged in project-related activities.

Zero tolerance means that failure to comply with any of these absolutes will lead to disciplinary action, which might include the involvement of the law enforcement authorities.

1 Personal protective equipment	<ul style="list-style-type: none"> • No one may enter a project work site (other than an office or a vehicle) unless they are properly wearing a hard hat, a fluorescent vest or jacket, and protective boots. • Workers must also use eye protection, hearing protection, breathing masks or gloves, full body harness and other items as required by MCA-Nepal Health and Safety Procedures.
2 Basic health and safety arrangements	<ul style="list-style-type: none"> • You must respect all safety rules, standards, signals and signs. • You must not allow other people to ignore them. • You must not turn a blind eye to unsafe acts – you must always take action/report if you see something wrong. • Every work site must have a First Aid kit, as required by MCA-Nepal Health and Safety Procedures. • You must not operate equipment without the proper authority or qualifications. • No one may tamper with safety devices or emergency response equipment.
3 Travel safety	<ul style="list-style-type: none"> • You must respect all project transportation rules and national traffic regulations. • You must not drive at night on project-related business. • Throwing of waste and empty bottles from vehicles is absolutely prohibited. They must be disposed of in a designated area. • Drivers must not talk on mobile phones while driving.
4 Working areas	<ul style="list-style-type: none"> • You must mark off areas of work so that the site boundaries are clear to others. • You must not start work until a site is cleared of unauthorised people.
5 Working at height	<ul style="list-style-type: none"> • You must tie-off when working at unprotected elevations > 1.8 metres above the ground. • You must never go above 1.8 metres above the ground without another person being present. • You must always take action to prevent objects from falling.
6 Working in excavations	<ul style="list-style-type: none"> • All excavations deeper than 1.5 metres must have shoring to stop the sides collapsing. • You must never go into an excavation without another person being present. • You must always take action to prevent objects from falling.
7 Energy isolation	<ul style="list-style-type: none"> • You must undertake a safety lock-out for electrical, mechanical, pneumatic and hydraulic isolation before starting work. • You must not remove a safety lock-out placed by someone else.
8 Lifting operations	<ul style="list-style-type: none"> • Never stand under or close to a suspended load. • You must respect the rules of load handling, as required by MCA-Nepal Health and Safety Procedures.
9 Violence	<ul style="list-style-type: none"> • No one may assault, abuse or intimidate any other person. • No firearms, lethal weapons or explosive power tools are permitted.
10 Tobacco, alcohol and drugs	<ul style="list-style-type: none"> • No smoking in any project work site, office or project vehicle except in designated areas. • No alcohol or drugs may be brought into a project site or transported in a project vehicle. • No one under the influence of alcohol or drugs may enter a project site or vehicle.
11 Worker behaviour	<ul style="list-style-type: none"> • You must not cause any form of nuisance to communities in the project districts. • No foreign project worker may have sexual relations with Nepalese nationals. • The soliciting of sex workers is illegal in Nepal.
12 Incident reporting and investigation	<ul style="list-style-type: none"> • All above mentioned incidents must be reported, and properly investigated (by the authorized person) to determine causes, learn lessons and improve preventative measures.

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