

MCA-Nepal Road Maintenance Project (RMP)

Technical Assistance – Outreach event

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30 November 2019

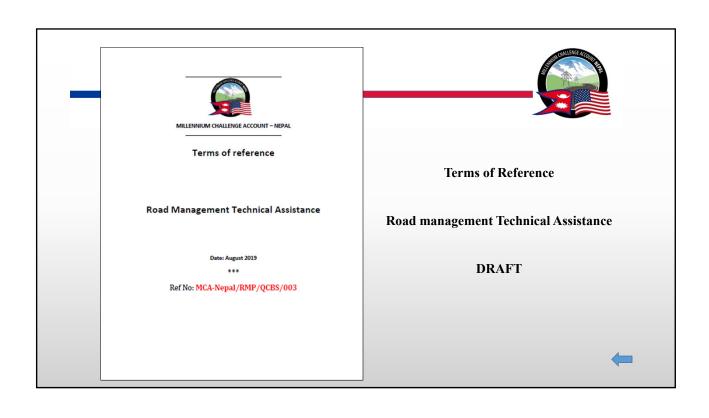
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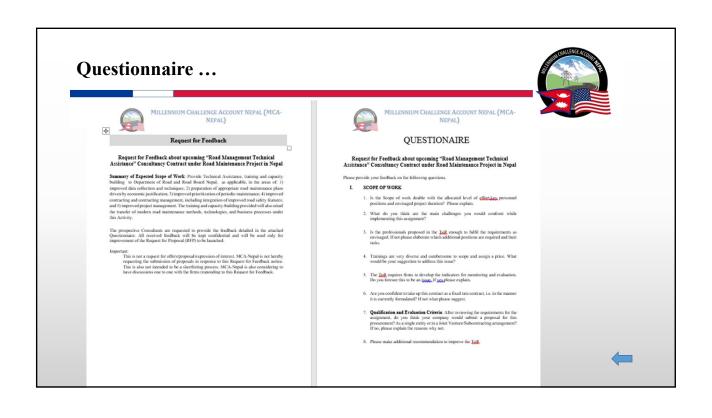


- Provide "Road Management Technical Assistance"
 - → Department of Roads &
 - → Roads Board Nepal (RBN);
- Draft ToR prepared by MCA-Nepal with the technical support of MCC → shared earlier;
- Document is issued with a **short questionnaire** to all interested firms;
- By distributing this document → MCA-Nepal expects to get valuable comments and feedback
 → regarding the adequacy of the Terms of Reference;
- The collected information will be incorporated 'as applicable' to the Request for Proposal document to be published for clarity, understanding of needs and context.

MCA-Nepal → Project PARTNER







Overview ...



- I. Guiding principles
- II. Project Implementation Design Framework
- III. Technical Assistance scope of services (ToR)
- IV. Pilot project & selected road segments

Notes:

Participants are requested to study this draft ToR,

- Section 3.0 'Base Period';
- Section 4.0 'Option Period I'; and
- Section 5.0 'Deliverables and Documentation Requirements' and

provide inputs to improve the ToR \rightarrow better understanding of the Firms for effective delivery of the services envisaged – December 6, 2019



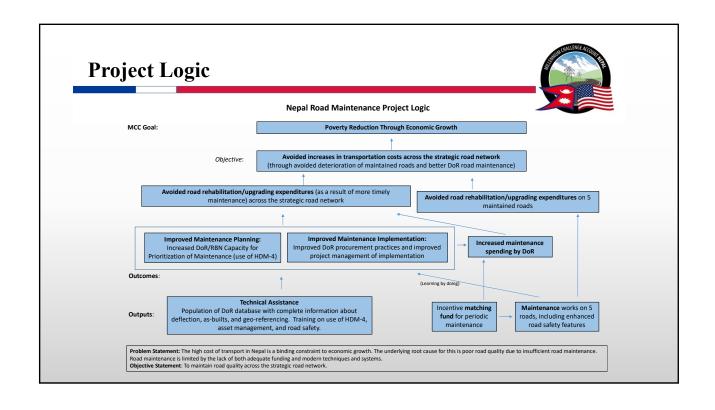
Part I: Guiding principles

Key Documents



The Parties will perform their responsibilities under this Agreement in accordance with the following documents \rightarrow "Key Documents":

- 1. the Compact (US Government Grant Agreement);
- **2. the Program Implementation Agreement** addendum to the Compact;
- **3. the MCC Cost Principles** for Government Affiliates Involved in Compact Implementation;
- 4. the MCC Program Procurement Guidelines.



Nepal Road Sector Organizations



Ministry of Physical Infrastructure and Transport (MOPIT)

- Department of Roads (DoR)
- Roads Board Nepal (RBN)

Private and Educational Sector

- Construction Contractors
- Engineering Firms and Associations
- Nepal Cement Manufactures Association
- Universities in Nepal (Highway/Transport Engineering)

Phase I: Pilot Road Recycling and TA



Pilot road project & equipment – procurement status

- Bhalubang to Lamahi (East West Highway) approximately 27 KM
 - RFP for the design is expected launch \rightarrow Dec 2019,
 - Anticipated design completion → July 2020.
- Falling Weight Deflectometer (FWD) & training → delivery in progress.
 - The FWD and training is expected → January 2020.
- Superpave mix design & Cement stabilization Laboratory equipment → expected delivery in January 2020
 - Dynamic & Static Testing Fatigue instrument
 - Gyratory Shear Compactor
 - Hamburg Wheel Tracker
 - Direct Shear Rheometer
 - Pressure Aging Vessel
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Part II: Technical Assistance – Terms of Reference

What is MCA-Nepal looking for...



Objective → Project PARTNER

- 1. Firm → bring in Road Maintenance Management & Technology from other success projects implemented in other countries;
- 2. Firm \rightarrow Bring in quality committed professionals

Terms of Reference - Mandatory Criteria



- 1. The Consultant must have developed, implemented or collaborated on the development of a road management system at a Department of Transportation/Roads or at the national level over the last seven (7) years;
- 2. The Consultant must demonstrate involvement in the development or implementation of **road data collection procedures**, in the preparation of road related guidelines and/or in the implementation of innovative maintenance and rehabilitation solutions over the last seven (7) years.

Technical Assistance – Section 3.0 Base Period Tasks



Task I: Mobilization & Inception (work breakdown structure; QA/AC; reporting formats)

Task II: Situational Awareness

- Pavement and safety management status
- Stakeholder engagement plan
- Equipment and hardware/software needs
- Updated Output and Outcome Indicators

Task III: Road Safety Awareness Campaign (project road corridors)

- identify various road safety awareness campaign and strategies → safer use of roads by both vehicle operators and non-motorized users.
- road safety awareness campaign shall raise awareness of vehicle operators and pedestrians.

Technical Assistance – Section 3.0 Base Period Tas



Task IV: Pavement distress identification manual

Task V: Integration of New Pavement Technologies in Nepal → Public/Private/ Civil society

Task VI: Pavement preservation, Rehabilitation Manual and Training

Performance-based specifications and recycling incentive mechanisms

Task VII: Alternative funding sources for pavement preservation and rehabilitation in Nepal

• Identify additional pavement preservation funding alternatives to fund the road funding gap and road users' willingness to pay.

Task VIII: Technical Assistance for the Implementation of the Pavement Management System

- A five (5) year annual pavement preservation and rehabilitation investment prioritization plan for DoR
- baseline pavement asset valuation for the SRN with complete methodology and justification for future use and updating by RBN

Task IX: Technical Assistance Final Report

Technical Assistance – Section 3.0 Base Period Tasks



Task IX: Technical Assistance Final Report

The Report shall include the following elements:

- 1. a completed **HDM-4 calibration file** showing all work performed → supporting justifications for a post compact assessment;
- 2. the **updated fatigue curves for the pilot recycling project** → next steps and relevant updated procedures for DoR to follow up/updating;
- 3. a table of the most probable **cause(s)** of **deterioration** on the SRN and the identified treatment options;
 - an updated graphical representation of the IRI and SDI performance since 2012;
- 4. an updated pavement maintenance, rehabilitation, reconstruction and new capital expansion table and
 - · graphic showing all money spent per category by the GoN and Donors, with planned investments indicated/projected.

Technical Assistance – Section 4.0 Option Period 1



Task 10: Technical Assistance for DoR and RBN

→ technical assistance as needed for DoR

- Implementation of the improved network level data collection methods → verification of calibration(s) for the IRI surveys, SDI surveys, and deflection surveys;
- 2. Updating of the fatigue curves with recommendations for future work;
- Provide an assessment of the pilot road project including fatigue curves and updated HDM-4 assessment;
- 4. Updating of any wet season deflection calibration coefficients;
- 5. Review work performed in field by MCA-Nepal construction contractors;

Technical Assistance – Section 4.0 Option Period 1



- 6. Review course materials for the university programs → provide recommendations as needed;
- 7. Updating of the HMIS with DoR collected data and itinerary diagram data;
- **8. Updating of any technical specification** requirements for Full Depth Recycling, cement stabilization and performance based asphalt work;
- **9. Updating of the pavement manual** and procedures including HDM-4 calibration to reflect findings;
- 10. Updating of any road safety awareness campaigns and material;
- 11. Assistance with updating of procurement procedures and guidelines;
- 12. Provide additional training as needed for DoR staff on the updated road manual; and,
- 13. Updated Final Report to reflect all activities and work performed under the Optional Period.

Section 5.0 Deliverables



Task ID	Deliverable	Notice to Proceed (NTP) + Weeks	Percentage of Lump Sum Amount
Task 1	Mobilization Report:	3 weeks	3%
Task 1	Inception Report:	8 weeks	4%
Task 2	Situational Awareness Report:	16 weeks	7%
Task 3	Road Safety Awareness Campaign Report:	20 weeks	4%
Task 4	Pavement Distress Identification Manual:	24 weeks	4%
Task 4	Determination of the Cause(s) of Deterioration Report:	28 weeks	4%
Task 4	Initial Calibration of Pavement Deterioration Curves Report:	32 weeks	8%
Task 5	Integration of New Pavement Technologies in Nepal Report:	40 weeks	8%

Section 5.0 Deliverables

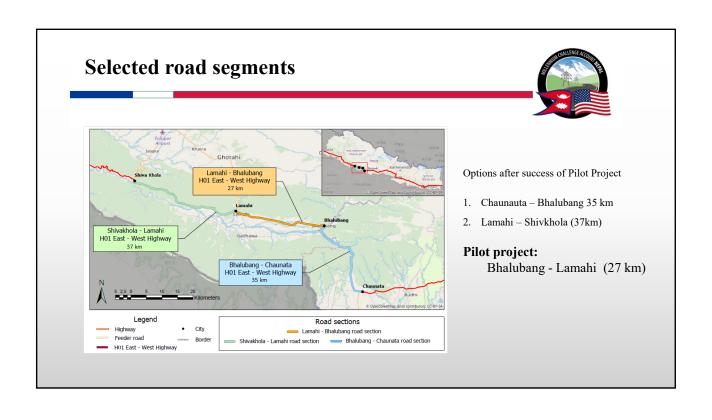


Task ID	Deliverable	Notice to Proceed (NTP) + Weeks	Percentage of Lump Sum Amount
Task 6	Training Course Delivery Report and Video Files for Network Level	56 weeks	6%
Task 6	Workshop on willingness to pay and population consultation report	60 weeks	6%
Task 7	Alternative funding sources for pavement preservation and rehabilitation in Nepal:	68 weeks	6%
Task 8	HMIS Training Manual:	76 weeks	6%
Task o	Five (5) year Annual Pavement Preservation and Rehabilitation Prioritization Plan:	86 weeks	6%
Task 8	Baseline Pavement Asset Evaluation and Simulation Report:	94 weeks	6%
Task 8	Executive Workshop:	100 weeks	5%
Task 9	Final Report	104 weeks	5%



Part IV:

Pilot project & selected road segments



Preliminary Pavement Design of the LBRS



- Strategy 1: A low-cost and environmentally appealing alternative is to pulverize the DBST and existing base course to a depth of about 200 mm, with the addition of cement to reach about 3,000 MPa.
 - > Full-depth reclamation (FDR) rebuilds worn out pavements by recycling the existing pavement.
 - The old surface layer and base materials are pulverized, mixed with cement (2-3%), and compacted to produce a strong and durable base course.
- Strategy 2: cover the base course with a polymer modified and/or fiber-reinforced Asphalt Concrete deploying 4,000 MPa.

Additionally there are some **drainage issues** namely need for more and deeper ditches, culverts and outlets.

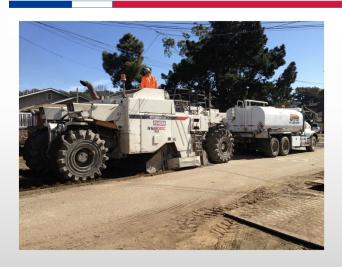
Full Depth Reclamation (FDR)





FDR - Recycling train





FDR-C used in pavement rehabilitation offers benefits including:

- Cost effective, in-place construction
- Increased structural capacity
- Reflection cracking mitigation
- Cost effective corrections to profile/cross slope...
- Expedited construction and simplified staging with potentially less disruption to traffic

Recent works implemented in Kathmandu airport









Part VI:

RMP Technical Assistance – calendar of events ...

